

**Memorial Sloan Kettering Cancer Center (MSK)
and Weill Cornell Medicine (WCM) *Curriculum Vitae***

Name: Allison Joyce Applebaum

Signature:

Date of Preparation: January 17, 2024

A. PERSONAL DATA

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B. EDUCATION

Academic Degrees:

Degree	Institution Name and Location	Dates attended	Year Awarded
B.A. (Psychology)	New York University New York, NY	09/2000 –05/2004	2004
M.A. (Psychology)	Boston University Boston, MA	09/2004 –05/2005	2005
Ph.D. (Psychology)	Boston University Boston, MA	09/2004 –05/2010	2011

Other Educational Experiences

Description	Institution Name and Location	Dates attended
Predoctoral Fellow	Massachusetts General Hospital Behavioral Medicine Service Boston, MA	05/2007 – 05/2009
Intern, Clinical Psychology	WCMC/NYPH Payne Whitney Clinic Department of Psychiatry New York, NY	06/2009-06/2010

C. POSTDOCTORAL TRAINING

Title	Institution name and location	Dates
Research Fellow	Memorial Sloan Kettering Cancer Center Department of Psychiatry and Behavioral Sciences New York, NY	07/2010 – 07/2013
Co-Chief Research Fellow	Memorial Sloan Kettering Cancer Center Department of Psychiatry and Behavioral Sciences New York, NY	07/2011-07/2012

D. PROFESSIONAL POSITIONS & EMPLOYMENT

Academic Appointments

Title	Institution, city and state	Dates
Instructor	University of Massachusetts-Boston Department of Psychology Boston, MA	01/2008 – 12/2008
Assistant Member (Level I)	Memorial Sloan Kettering Cancer Center New York, NY	07/2013 – 07/2016
Assistant Professor of Psychology in Psychiatry	Weill Cornell Medical College Department of Psychiatry New York, NY	12/2014 – 12/2021
Assistant Member	Memorial Sloan Kettering Cancer Center New York, NY	07/2016 – 04/2021
Associate Member	Memorial Sloan Kettering Cancer Center New York, NY	04/2021 - present
Associate Professor of Psychology in Psychiatry	Weill Cornell Medical College Department of Psychiatry New York, NY	01/2022- present

Hospital Appointments

Title	Institution, city and state	Dates
Assistant Attending Psychologist	Memorial Hospital for Cancer and Allied Diseases Department of Psychiatry and Behavioral Sciences, Psychiatry Service New York, NY	07/2013 – 04/2021
Associate Attending Psychologist	Memorial Hospital for Cancer and Allied Diseases Department of Psychiatry and Behavioral Sciences, Psychiatry Service New York, NY	04/2021 – present

Other Professional Positions & Employment

Title	Institution, city and state	Dates
Instructor, Graduate Record Examination	Kaplan, Inc. New York, NY and Boston, MA	05/2004 – 04/2005

Graduate Fellow & Teaching Assistant	Boston University Boston, MA	09/2004 – 05/2009
GRE review course for predoctoral fellow	Behavioral Medicine Service Massachusetts General Hospital Boston, MA	05/2007 – 05/2009

E. EMPLOYMENT STATUS

Name of Current Employer(s):	Memorial Sloan Kettering Cancer Center; Weill Cornell Medical College
Employment Status:	Full-Time Salaried: Memorial Sloan Kettering Cancer Center Affiliate-Consultant: Weill Cornell Medical College

F. LICENSURE, BOARD CERTIFICATION

Licensure

State	Number	Date of issue	Date of Expiration
New York	019271-1	08/30/2011	10/31/2025
New Jersey	35SI00645000	05/03/2023	06/30/2025
Washington	PY 61460330	10/04/2023	11/04/2024

DEA number:	N/A
NPI number:	1932448891

Board Certification

Full Name of Board	Certificate #	Dates of Certification – Start and End Dates
N/A		

G. INSTITUTIONAL/HOSPITAL AFFILIATION

Primary Hospital Affiliation:	Memorial Hospital for Cancer and Allied Diseases
Other Hospital Affiliations:	N/A
Other Institutional Affiliations:	Weill Cornell Medical College

H. HONORS, AWARDS

Name of award	Organization	Date Awarded
Dean's List	New York University	2000-2004
NYU Draper Award	New York University	2003
NYU Pudding Hill Research Scholar Award	New York University	2004
NYU Alumnae Association Award for Academic Excellence	New York University	2004
NYU Founder's Day Award for Academic Excellence	New York University	2004

Presidential Honors Scholar, New York University	New York University	2004
Phi Beta Kappa, National Honors Society	Phi Beta Kappa	2004
American Psychological Association Student Travel Award	American Psychological Association	2006
Clara Mayo Memorial Fellowship Dissertation Award	Boston University	2008
Co-Chief Research Fellow, Department of Psychiatry & Behavioral Sciences	Memorial Sloan Kettering Cancer Center	2011
Cornelia Perry Memorial Award	Memorial Sloan Kettering Cancer Center	2012
American Psychosocial Oncology Society Top Scientific Poster	American Psychosocial Oncology Society	2014
Awarded Competitive Admission to AAMC Early Career Women Faculty Professional Development Seminar, Denver, Colorado.	AAMC	2014
American Psychosocial Oncology Society New Investigator Award	American Psychosocial Oncology Society	2015
Mort Bard Memorial Award for Excellence in Teacher of Research Fellows	Memorial Sloan Kettering Cancer Center	2019
Caregiving Visionary Award	Caregiving.com	2021
Awarded Fellow Status	American Psychosocial Oncology Society	2024

I. PROFESSIONAL ORGANIZATIONS AND SOCIETY MEMBERSHIPS

Member	Organization	Dates
Member	American Psychological Association	2004-present
Member	American Psychopathological Association	2004-2008
Member	Women in Cognitive Science	2004-2009
Member	American Psychological Association Division (Clinical Psychology)	2006-2010
Member	American Psychological Association Division 40 (Clinical Neuropsychology)	2006-2009
Member	American Psychological Association Division 40 (Clinical Neuropsychology)	2006-2009
Member	NY State Psychological Association	2007-2009
Member	NY State Psychological Association: Organization of Future Psychologists	2007-2009
Member	Association for Behavioral and Cognitive Therapies	2009-2011
Member	American Psychological Association Division 38 (Health Psychology)	2009-present
Member	Society for Behavioral Medicine	2009-present
Member	International Psycho-Oncology Society	2010-present
Member	American Psychosocial Oncology Society	2012-present
Member	Research Committee, American Psychosocial Oncology Society	2013-2018
Founding Chair	Cancer Caregivers Special Interest Group, American Psychosocial Oncology Society	2014-2020

Member	National Academies of Sciences Engineering and Medicine: 2022 Family Caregiving Workshop Planning Committee	2021-present
Member	New York State Bioethics Consortium	2022-present

J. PERCENT EFFORT AND INSTITUTIONAL RESPONSIBILITIES

MSK Activity	Percent Effort (%)	Does the activity involve MSK students/research trainees? (Yes/No)	Does the activity involve Weill Cornell students/researchers? (Yes/No)
Teaching	5%	Yes	Yes
Clinical	15%	Yes	No
Administrative	0%	Yes	No
Research	80%	Yes	No
Total	100%		

K. EDUCATIONAL CONTRIBUTIONS

Teaching:

Didactic teaching

Title	Audience	Dates
<u>Applebaum, A.</u> Correlates of Neuropsychological Functioning and Associations with Therapeutic Alliance in HIV-Infected and HIV-Uninfected Opiate Dependent Patients. Psychology Grand Rounds, New York Presbyterian Hospital/Weill Cornell Medical Center, New York, NY.	Clinical Psychology Interns, Psychiatry Residents, Fellows and Faculty, Weill Cornell Medicine	09/2009
<u>Breitbart, W., & Applebaum, A.</u> Caregiving for Cancer Patients: Burden, Growth, and Finding Meaning in the Caregiver Role. The Department of Social Work's Caregiver's Initiative, Memorial Sloan Kettering Cancer Center, New York, NY.	All members of the MSK Community	4/2011
Lecturer, Clinical Psychology Internship Program New York Presbyterian Hospital/Weill Cornell Medical Center New York, NY.	Clinical Psychology Interns	01/2013 - present
<u>Applebaum, A.</u> Managing the burden of providing long term care for patients in the SACU. Presentation for the nurses on M18 at Memorial Sloan Kettering Cancer Center, New York, NY.	Nurses on M18, MSK	04/2013
Instructor, Psychosomatic Medicine Fellows Core Course, Department of Psychiatry and Behavioral Sciences, Memorial Sloan Kettering Cancer Center, New York, NY	Psychosomatic Medicine Fellows, MSK	05/2013 - present

Instructor, Psychotherapy Case Conference Department of Psychiatry and Behavioural Sciences, Memorial Sloan Kettering Cancer Center, New York, NY	Psychosomatic Medicine Fellows, MSK	01/2014 - present
<u>Applebaum, A.</u> Caregivers are Survivors, Too! Webinar presentation for members of the Memorial Sloan Kettering Cancer Center Community, New York, New York.	All members of the MSK Community	11/2014
<u>Applebaum, A.</u> The Needs of Caregivers of Patients with Brain Tumors and Neurological Complications of Cancer: Future Directions for Neurology and Psychiatry at MSK. Invited presentation for the Neuro-Oncology and Palliative Care Grand Rounds, Memorial Sloan Kettering Cancer Center, New York, NY	Department of Neurology, MSK	11/2014
<u>Applebaum, A.</u> How to Maintain a Professional Online Presence. Presentation for the Memorial Sloan Kettering Department of Psychiatry and Behavioral Sciences Fellowship Program Research Forum, Memorial Sloan Kettering Cancer Center New York, NY.	Research Fellows, Department of Psychiatry and Behavioral Sciences, MSK	12/2014
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy (MCP) for Cancer Caregivers and MCP Experiential Workshop. Invited Instructor for the Psycho-oncology Education & Training Institute (POETI) Department of Psychiatry and Behavioural Sciences, Memorial Sloan Kettering Cancer Center, New York, NY	All members of the MSK Community and Public	10/2015
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy. Invited presentation for the Memorial Sloan-Kettering Department of Psychiatry and Behavioral Sciences Psychosomatic Fellowship Training Program, New York, NY.	Psychosomatic Medicine Fellows, MSK	12/2015
<u>Applebaum, A.</u> Grief in the Cancer Context. Invited presentation for the Psychology Grand Rounds, Weill Cornell Medical College, New York, NY.	Clinical Psychology Interns, Psychiatry Residents, Fellows and Faculty, Weill Cornell Medicine	12/2015
<u>Applebaum, A.</u> Cognitive Behavioral Therapy. Presentation for the Psychosomatic Medicine Fellows, Memorial Sloan Kettering Cancer Center, New York, NY.	Psychosomatic Medicine Fellows, MSK	01/2017
<u>Applebaum, A.</u> Maintaining an Online Presence. Presentation for the Psycho-Oncology Research Fellows, Memorial Sloan Kettering Cancer Center, New York, N.Y.	Research Fellows, Department of Psychiatry and Behavioral Sciences, MSK	01/2017
<u>Applebaum, A.</u> Support for our Patients' Caregivers	Presentation for the Supportive Care Service,	10/2017

	Memorial Sloan Kettering Cancer Center, New York, N.Y.	
<u>Applebaum, A.</u> Caring for YOU: Our Patients' Caregivers. Invited Presentation for MSK's Day of Respite for Caregivers, Memorial Sloan Kettering Cancer Center, New York, N.Y.	All members of the MSK Community and the Public	11/2017
<u>Applebaum, A.</u> Coping with Caregiving over the Holidays. Panel discussion for MSK's Day of Respite for Caregivers, Memorial Sloan Kettering Cancer Center, New York, N.Y.	All members of the MSK Community and the Public	11/2017
<u>Applebaum, A.</u> Acute Cancer Cognitive Therapy. Invited presentation for the Weill Cornell Medicine Psychiatry Residency Training Program, New York, N.Y.	Psychiatry Residents, Weill Cornell Medicine	03/2018
<u>Applebaum, A.</u> Acute Cancer Cognitive Therapy. Core Course Lecture for the Psychosomatic Medicine Fellows, Memorial Sloan Kettering Cancer Center, New York, NY.	Psychosomatic Medicine Fellows, MSK	08/2018
<u>Applebaum, A.</u> Caring for YOU: Our Patients' Caregivers. Invited Presentation for MSK's Day of Respite for Caregivers, Memorial Sloan Kettering Cancer Center, New York, N.Y.	All members of the MSK Community and the Public	11/2018
<u>Applebaum, A.</u> Care for the Cancer Caregiver: State of the Science and Future Directions. Grand Round Presentation, Supportive Care Service, Memorial Sloan Kettering Cancer Center, New York, NY.	Supportive Care Service, MSK	01/2019
<u>Applebaum, A.</u> Managing Caregiver Distress. Invited presentation for the MSK Psycho-oncology Education & Training Institute course "Personalized Psycho-oncology: A Case-Based Approach", Memorial Sloan Kettering Cancer Center, New York, NY.	All members of the MSK Community and Public	10/2019
<u>Applebaum, A.</u> Caring for the Caregiver. Invited presentation for the Office of Faculty Development and Abolishing Barriers and Limitations for Everyone (ABLE), Memorial Sloan Kettering Cancer Center, New York, N.Y.	All members of the MSK Community	11/2019
<u>Applebaum, A.</u> Care for the Cancer Caregiver: State of the Science and Future Directions. Psychosocial Oncology Grand Rounds, Dana Farber Cancer Institute, Boston, M.A.	Department of Psychosocial Oncology, Dana Farber Cancer Institute	04/2020
<u>Applebaum, A.</u> How to Maintain a Professional Online Presence. Presentation for the Memorial Sloan Kettering Department of Psychiatry and Behavioral Sciences Fellowship Program Research Forum, New York, NY.	Research Fellows, Department of Psychiatry and Behavioral Sciences, MSK	04/2020

Applebaum, A. Meaning-Centered Psychotherapy. 7-week long workshop presented to the Psychosomatic Medicine Fellows, Memorial Sloan Kettering Cancer Center, New York, NY.	Psychosomatic Medicine Fellows, Memorial Sloan Kettering Cancer Center, New York, NY.	04/2020-05/2020, 09/2020-10/2020
Applebaum, A. Caring for YOU, our Patients' Caregivers. Presentation for the MSK Department of Social Work's November National Caregivers Month Event, New York, NY.	All members of the MSK Community and Public	11/2020
Breitbart W, James M, Applebaum A , Nelson CJ, Bowden J, Felice S, Reidy-Lagunes D. MSK patient and caregiver information session series "Info Session: Coping with Cancer at the Holidays", teleconference,	All members of the MSK Community and Public	12/15/2020
Applebaum, A.J. Psychosocial Care for the Cancer Caregiver: State of the Science and Some Future Directions	Supportive Care Fellowship, MSK	10/26/2021, 11/01/2022, 10/17/2023
Applebaum, A.J. Support Needs and Support for Family Caregivers of Patients with Brain Tumors	Neuro-Oncology Fellowship Program, MSK	11/13/2023

Clinical teaching

Title	Audience	Dates
N/A		

Administrative Teaching

Title	Audience	Dates
N/A		

Continuing education and professional education as teacher

Title	Audience	Dates
Applebaum, A. Correlates of Neuropsychological Functioning and Associations with Therapeutic Alliance in HIV-Infected and HIV-Uninfected Opiate Dependent Patients. Psychology Grand Rounds, New York Presbyterian Hospital/Weill Cornell Medical Center, New York, NY.	Clinical Psychology Interns, Psychiatry Residents, Fellows and Faculty, Weill Cornell Medicine	09/2009
Applebaum, A. The use of Cognitive-Behavioral Therapy (CBT) for the treatment of cancer-related distress in the outpatient psychotherapy setting	Workshop presented to the clinical psychology internship class at New York Presbyterian Hospital, Weill-Cornell Medical Center, New York, NY.	1/2013

<u>Applebaum, A.</u> Managing the burden of providing long term care for patients in the SACU. Presentation for the nurses on M18 at Memorial Sloan Kettering Cancer Center, New York, NY.	Nurses on M18, MSK	04/2013
<u>Applebaum, A.</u> The Center for the Study of Cancer Caregivers	Presentation for the Clinical Research Advisory Council (CRAC), Memorial Sloan Kettering Cancer Center, New York, N.Y.	9/2015
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy for Cancer Caregivers	Presentation for the Introduction to Meaning-Centered Psychotherapy in the Oncology and Palliative Care Setting course, Memorial Sloan Kettering Cancer Center, New York, N.Y.	10/2015
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy (MCP) for Cancer Caregivers and MCP Experiential Workshop. Invited Instructor for the Psycho-oncology Education & Training Institute (POETI) Department of Psychiatry and Behavioural Sciences, Memorial Sloan Kettering Cancer Center, New York, NY	All members of the MSK Community and Public	10/2015
<u>Applebaum, A.</u> Caregiver lifestyle management: Caring for self when helping a loved one with multiple myeloma	Presentation for the Myeloma Network, Memorial Sloan Kettering Cancer Center, New York, N.Y.	9/2017
<u>Applebaum, A.</u> Care for the Cancer Caregiver: State of the Science and Future Directions. Grand Round Presentation, Supportive Care Service, Memorial Sloan Kettering Cancer Center, New York, NY.	Supportive Care Service, MSK	01/2019
<u>Applebaum, A.</u> Managing Caregiver Distress. Invited presentation for the MSK Psycho-oncology Education & Training Institute course “Personalized Psycho-oncology: A Case-Based Approach”, Memorial Sloan Kettering Cancer Center, New York, NY.	All members of the MSK Community and Public	10/2019
<u>Applebaum, A.</u> Caring for the Caregiver. Invited presentation for the Office of Faculty Development and Abolishing Barriers and Limitations for Everyone (ABLE), Memorial Sloan Kettering Cancer Center, New York, N.Y.	All members of the MSK Community	11/2019

Community education or patient outreach

Title	Audience	Dates
<u>Applebaum, A.</u> Caregivers are Survivors, Too!	Webinar presentation for members of the Memorial Sloan Kettering Cancer Center Community, New York, New York.	11/2014
<u>Applebaum, A.</u> Why Cognitive Behavioral Therapy for Cancer-Related Anxiety?	Presentation for the Resources for Life After Cancer (RLAC) Program at Memorial Sloan Kettering Cancer Center, New York, N.Y.	6/2015
<u>Applebaum, A.</u> Doctor, Patient and Caregiver Communication	Panelist for Memorial Sloan Kettering Cancer Center CancerSmart Live Webcast, New York, N.Y.	9/2015
<u>Applebaum, A.</u> Why Cognitive Behavioral Therapy (CBT) for Insomnia?	Presentation for the MSK Resources for Life after Cancer (RLAC) Program, New York, N.Y.	4/2017
<u>Applebaum, A.</u> CANCER SMART: Support for the Caregiver	Invited Panelist, Memorial Sloan Kettering Cancer Center, New York, N.Y.	11/2017
<u>Applebaum, A.</u> Caring for YOU: Our Patients' Caregivers.	Invited Presentation for MSK's Annual Day of Respite for Caregivers, Memorial Sloan Kettering Cancer Center, New York, N.Y. All members of the MSK Community and the Public	11/2017, 11/2018, 11/2019, 11/2020
<u>Applebaum, A.</u> Coping with Caregiving over the Holidays.	Panel discussion for MSK's Day of Respite for Caregivers, Memorial Sloan Kettering Cancer Center, New York, N.Y.	11/2017
<u>Applebaum, A.</u> Cognitive Behavioral Therapy (CBT) for Managing Distress	Invited presentation for US TOO: Prostate Cancer Support Group, Weill Cornell Medicine, NY, NY.	3/2018
<u>Applebaum, A.</u> Care for the Caregiver: Practical Advice and Tips for Coping	Webinar for MSK Direct, Memorial Sloan Kettering Cancer Center, New York, NY.	11/2018
<u>Applebaum, A.</u> Mental Health and Survivorship	Memorial Sloan Kettering Cancer Center Cancer Alliance, New York, N.Y.	6/2019

<u>Applebaum, A.</u> Caring for YOU Our Patients' Caregivers	Presentation for Memorial Sloan Kettering Cancer Center, Celebration of National Caregivers Month, New York, N.Y.	11/2019
<u>Applebaum, A.</u> Caregiver-Provider Discussion	Invited discussion for World Hospice and Palliative Care Day, 2 nd Annual Virtual Conference	10/2021
<u>Applebaum, A.</u> Giving Care to the Caregiver	Invited presentation for the CLL Society November National Family Caregivers Month Celebration	11/2021
<u>Applebaum, A.</u> Caring for YOU: Our Patients' Caregivers	MSK/SW Annual November National Family Caregivers Month Celebration	11/3/21
<u>Applebaum, A.</u> Psychosocial Care for the Cancer Caregiver: Caregiving as an Opportunity to Develop Resilience	MSK Population Science Research Program	1/11/22

L. CLINICAL PRACTICE, INNOVATION, and LEADERSHIP

Clinical Practice

Duration	Name/Location of Practice	Type of Activity	Level of Activity
07/2013-07/2016	MSK Counseling Center, New York, NY	Clinical Care	Assistant Attending Psychologist, L1, 15 sessions/week, 12 months/year
07/2016-04/2021	MSK Counseling Center, New York, NY	Clinical Care	Assistant Attending Psychologist, 15 sessions/week, 12 months/year
4/2021-present	MSK Counseling Center	Clinical Care	Associate Attending Psychologist, 10 sessions/week, 12 months/year

Clinical Innovations

Date of Innovation Launched	Title/Location of Innovation	Role	Short Description of the influence on clinical care or practice management
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01/2011	Caregivers Clinic , Dept of Psychiatry & Behavioral Sciences, MSK	Founding Director	The Caregivers Clinic is the first targeted clinic worldwide that seeks to ensure that no caregiver experiencing significant distress as a result of caregiving responsibilities goes unidentified and deprived of necessary psychosocial service. I began the Caregivers Clinic in 2011 during my postdoctoral fellowship and assumed the role as Director in 2013. The Clinic provides psychotherapy and medication management to caregivers of patients with all sites and stages of cancer across the entire caregiving trajectory, from a patient's diagnosis through bereavement.
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Clinical Leadership

Years	Leadership Role	Short Description of activity/program
01/2011 – present	Director, Caregivers Clinic , Dept of Psychiatry & Behavioral Sciences, MSK	I began the Caregivers Clinic in 2011 during my postdoctoral fellowship and assumed the role as Director in 2013.

M. RESEARCH

My program of research is focused broadly on the development of psychotherapeutic interventions for patients with cancer and their caregivers, and has resulted in novel, targeted interventions including Meaning-Centered Psychotherapy for Cancer Caregivers, Cognitive-Behavioral Therapy for Insomnia for Cancer Caregivers, and Emotion Regulation Therapy for Cancer Caregivers. I am also interested in prognostic understanding and its impact on patients' and caregivers' willingness and ability to engage in advanced care planning (ACP). Towards this end, I have developed a comprehensive measure of prognostic understanding and a communication training program to assist caregivers in engaging in ACP conversations with their loved ones and healthcare providers. A theme across these projects is the benefit of support delivered over telehealth modalities and the impact of web-based approaches on the dissemination and implementation of our psychotherapeutic protocols.

Research Activities:

<u>MSK IRB Protocols as PI or Co-PI</u>	
Protocol Name: Developing and Refining a Meaning-Centered Supportive Intervention for Cancer Caregivers Protocol Number: X14-006 Role: Principal Investigator	12/2013 - 12/2014
Protocol Name: Care for the Cancer Caregiver: A Meaning-Based Workshop to Help Manage Caregiver Burden Protocol Number: 14-208 Role: Principal Investigator	12/2013 – 08/2018
Protocol Name: Prognostic Awareness and Patient-Physician Communication in Malignant Glioma Protocol Number: 13-253 Role: Co-Principal Investigator PI: Eli Diamond, M.D.	04/2014 - 03/2015
Protocol Name: Development of a Massive Open Online Course (MOOC) to Teach Acute Cancer Cognitive Therapy Protocol Number: N/A Role: Principal Investigator	07/2014 - 06/2016
Protocol Name: Emotion Regulation Therapy for Cancer Caregivers: A Mechanistic Approach to Addressing Distress among Caregivers (Phase 1) Protocol Number: X15-019 Role: Principal Investigator	03/2015-12/2015
Protocol Name: Emotion Regulation Therapy for Cancer Caregivers: A Mechanistic Approach to Addressing Distress among Caregivers (Phase 2) Protocol Number: 15-219 Role: Principal Investigator	03/2015 – 12/2018
Protocol Name: Acute Cancer Cognitive Therapy Online Training Program Protocol Number: X17-001 Role: Principal Investigator	07/2015 – 06/2019
Protocol Name: Coping with Glioblastoma: A Study of Communication between Physicians, Patients, and Caregivers Protocol Number: 15-034 Role: Co-Principal Investigator PI: Eli Diamond, M.D.	07/2016 – 6/2019
Protocol Name: Identifying and Measuring Prognostic Awareness in Advanced Cancer Patients Protocol Number: 16-316 Role: Principal Investigator	02/2016 – 05/2020
Protocol Name: Pilot Study of Cognitive Behavioral Therapy for Insomnia (CBT-I) and Acupuncture for Insomnia and Related Distress among Cancer Caregivers Protocol Number: 17-001 Role: Principal Investigator	01/2017 – 12/2019
Protocol Name: Pilot Study of Family Caregiver Distress Screening at a Short-Stay Surgical Facility Protocol Number: X17-048	12/2017 – 06/2018

<p>Role: Principal Investigator</p>	
<p>Protocol Name: Improving Palliative Care of Caregivers of Patients with Glioblastoma Protocol Number: 18-075 Role: Principal Investigator</p>	01/2018 – present
<p>Protocol Name: The Impact of Caregiver Distress Screening and Targeted Referral and Consultation on MSK Caregiver, Patient and Health System Outcomes Protocol Number: 18-539 Role: Principal Investigator</p>	10/2018 – present
<p>Protocol Name: A Study to Identify the Supportive Care Needs of Patients with Wertheim-Chester Disease and other Histiocytic Diseases Protocol Number: 19-213 Role: Co-Principal Investigator PI: Eli Diamond, M.D.</p>	11/2018 – present
<p>Protocol Name: PAC Protocol RRP: Routine inflammatory markers among mental health clinic patients being treated for depression Protocol Number: 18-526 Role: Principal Investigator</p>	12/2018 – 11/2021
<p>Protocol Name: Communication Training for Caregivers to Promote Advanced Care Planning Protocol Number: 19-398 Role: Principal Investigator</p>	10/2019 – present
<p>Protocol Name: The Role of Uncertainty in Smoker's Lung Cancer Screening Decision Making Protocol Number: X20-071 Role: Principal Investigator</p>	
<p>Protocol Name: Randomized Controlled Trial of Emotion Regulation Therapy for Cancer Caregivers: A Mechanism-Targeted Approach to Addressing Caregiver Distress Protocol Number: 20-407 Role: Principal Investigator</p>	08/2020 – present
<p>Protocol Name: Using a SMART Design to Optimize PTSD Symptom Management Strategies among Cancer Survivors Protocol Number: 20-506 Role: Principal Investigator</p>	01/2021 – present
<p>Protocol Name: Double-blinded, Randomized, Controlled, Adaptive Trial to Compare Effectiveness of Two Digital Software Medical Devices (Attune and Cerena) as Interventions for Physical and Emotional Health in Adjunctive Oncology Treatment, in order to Determine Relative Impact on Anxiety and Depressive Symptoms in Stage I-III Breast Cancer and stage I-III Non-small Cell Lung Cancer Participants Protocol Number: (Pending) PAC: PSY21-005 Role: Principal Investigator (MPI, Lichtenthal & Applebaum)</p>	11/2021 – present
<p>Protocol Name: A Pragmatic Randomized Control Trial of Nurse-Delivered Brief Meaning Centered Psychotherapy for Homebound Palliative Care Patients Protocol Number: 22-019 Role: Co-PI PI: Rebecca Saracino, PhD</p>	07/2022 – present

<p>Protocol Name: Double-blinded, Randomized, Controlled, Adaptive Trial to Compare Effectiveness of Two Digital Software Medical Devices as Interventions for Physical and Mental Health in Adjunctive Oncology Treatment, in Stage I-III Breast Cancer and stage I-III Non-small Cell Lung Cancer Participants</p> <p>Protocol Number: 22-024</p> <p>Role: Co-PI</p> <p>PI: Wendy Lichtenthal, PhD</p>	07/2022 – present
<p>Protocol Name: Meaning-Centered Psychotherapy to Meet Palliative Care Needs of Cancer Caregivers</p> <p>Protocol Number: 23-376</p> <p>Role: Principal Investigator</p> <p>PI: Allison Applebaum, Ph.D.</p>	01/2024 - present

Research Support:

Current Research Funding

Award Source	NIH/NCI R01
Project Title	Using a SMART Design to Optimize PTSD Symptom Management Strategies
Annual Direct Costs	\$3,354,232
Duration of support	12/2019-11/2024
Name of Principal Investigator	Allison Applebaum, PhD & Sophia Smith, Ph.D.
Your % Effort and Role	20%, Principal Investigator (MPI)
The major goals of this project are	To ameliorate PTSD symptoms through personalized medicine protocols that can be practically implemented into routine oncology practice. The objective of this R01 is to define which mHealth approaches (i.e., Cancer Distress Coach App versus Mobile Cognitive Behavioral Therapy) reduce PTSD symptoms in HCT cancer survivors.

Award Source	NIH/NCI R01
Project Title	A Randomized Controlled Trial of Emotion Regulation Therapy for Cancer Caregivers: A Mechanism-Targeted Approach to Addressing Caregiver Distress
Annual Direct Costs	\$3,102,262
Duration of support	9/1/2020-5/31/2025
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	45%, Principal Investigator
The major goals of this project are	To evaluate the relative efficacy of two targeted psychotherapeutic approaches (Emotion-Regulation Therapy for Cancer Caregivers and Cognitive-Behavioral Therapy for Cancer Caregivers) in improving quality for life and addressing multiple outcomes in caregivers and the patients for whom they provide care.

Award Source	NIH/NCI R25
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Project Title	Meaning-Centered Psychotherapy Training Program for Cancer Care Clinicians
Annual Direct Costs	\$1,335,887
Duration of support	9/1/2020-5/31/2025
Name of Principal Investigator	William Breitbart, MD
Your % Effort and Role	5%, Co-Investigator
The major goals of this project are	Meaning-Centered Psychotherapy (MCP), developed by Breitbart and colleagues at Memorial Sloan Kettering Cancer Center, is the only empirically-supported treatment that has clearly demonstrated efficacy in improving quality of life and spiritual well-being and in alleviating existential distress, loss of meaning, despair, and physical symptom burden distress in patients with advanced cancer

Award Source	NIH/NINR R21
Project Title	A Pragmatic Randomized Control Trial of Meaning Centered Psychotherapy for Homebound Palliative Care Patients
Annual Direct Costs	\$250,000
Duration of support	09/01/2021 – 10/31/2023
Name of Principal Investigator	Allison Applebaum, PhD & Rebecca Saracino, Ph.D.
Your % Effort and Role	15%, Principal Investigator (MPI)
The major goals of this project are	Develop, test, and disseminate nurse-delivered Meaning Centered Psychotherapy - Palliative Care (MCP-PC) to homebound patients.

Award Source	Health Research Council of New Zealand
Project Title	A feasibility study of Psychedelic-Assisted Meaning Centered Psychotherapy in advanced stage cancer patients (PAM Trial)
Annual Direct Costs	NZ \$249,333.50
Duration of support	09/2021 – 08/2024
Name of Principal Investigator	Lisa Reynolds, Ph.D.
Your % Effort and Role	Consultant
The major goals of this project are	To establish the feasibility of a psychedelic microdosing protocol and the potential efficacy of such dosing when combined with MCP to address distress among patients with advanced cancer in New Zealand.

Award Source	Cambia Health Foundation Sojourn Scholar Leadership Program
Project Title	Meaning-Centered Psychotherapy for Family Caregivers of Hematopoietic Stem Cell Transplant Patients: Intervention to Improve Family-Focused Palliative Care
Annual Direct Costs	\$180,000
Duration of support	12/2021 – 11/2023

Name of Principal Investigator	Natalie McAndrew, PhD.
Your % Effort and Role	Mentor (consultant)
The major goals of this project are	To evaluate the feasibility, acceptability and preliminary effects of Meaning-Centered Psychotherapy for Cancer Caregivers among caregivers of patients recovering from inpatient HSCT.

Award Source	NIH/NIA K99 Award
Project Title	Increasing Meaning to Reduce Loneliness in Care Partners of Persons with AD/ABRD
Annual Direct Costs	\$630,000.00
Duration of support	04/2022 – 03/2027
Name of Principal Investigator	Allison Marziliano, Ph.D.
Your % Effort and Role	Consultant
The major goals of this project are	To develop and test the preliminary efficacy of a meaning-based intervention for caregivers of patients with dementia.

Award Source	NIH/NCI R01
Project Title	Meaning-Centered Psychotherapy to Meet Palliative Care Needs of Cancer Caregivers
Annual Direct Costs	\$444,572
Duration of support	01/2024 – 12/2028
Name of Principal Investigator	Allison Applebaum, Ph.D.
Your % Effort and Role	30%, Principal Investigator
The major goals of this project are	To evaluate the efficacy of Meaning-Centered Psychotherapy for Cancer Caregivers among caregivers of patients with advanced stage III/IV solid tumor cancers

Past (Completed) Research Funding

As Principal Investigator:

Award Source	NIH/NCI R21
Project Title	Caregiving for Young Adults with Cancer in Latino Families: Understanding Healthcare Engagement and Family Wellbeing
Annual Direct Costs	\$225,363
Duration of support	09/2021 – 8/2023
Name of Principal Investigator	Michael Hoyt, Ph.D.
Your % Effort and Role	10%, Co-Investigator
The major goals of this project are	To characterize the unique unmet psychosocial needs of Latino caregivers of young adults with cancer.

Award Source	American Cancer Society PEP-21-041-01-PCSM
Project Title	Communication Training for Caregivers to Promote Advanced Care Planning
Annual Direct Costs	\$143,000
Duration of support	7/2021-6/2023
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	5%, Principal Investigator
The major goals of this project are	Evaluate the feasibility, acceptability and preliminary efficacy of a brief communication training for caregivers of patients with glioblastoma multiforme (GBM) that gives caregivers the skills they need to engage in Advanced Care Planning discussions with patients and healthcare providers.

Award Source	American Cancer Society
Project Title	Care for the Cancer Caregiver: A Meaning-Based Workshop to Help Manage Caregiver Burden
Annual Direct Costs	\$144,074
Duration of support	12/6/12-12/31/18
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	20%, Principal Investigator
The major goals of this project are	Develop and pilot-test a self-administered web-based Meaning-Centered workshop to address existential distress in cancer caregivers.

Award Source	Translational and Integrative Medicine Research Fund
Project Title	Prognostic Awareness and Patient-Physician Communication in Malignant Glioma
Annual Direct Costs	\$75,000
Duration of support	04/2014 – 03/2015
Name of Principal Investigator	Eli Diamond, MD
Your % Effort and Role	10%, Co-Principal Investigator
The major goals of this project are	Evaluate the comparative understanding of prognosis and desire for prognostic information among patients with Malignant Gliomas and their caregivers.

Award Source	van Ameringen Foundation
Project Title	Development of a Massive Open Online Course to Teach Acute Cancer Cognitive Therapy
Annual Direct Costs	\$100,000
Duration of support	07/2014 - 06/2018
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	10%, Principal Investigator
The major goals of this project are	Develop and pilot test a self-administered online training program in Acute Cancer Cognitive Therapy for healthcare professionals working in oncology.

Award Source	T.J. Martell Foundation
Project Title	Emotion Regulation Therapy for Cancer Caregivers: A Mechanistic Approach to Addressing Distress among Caregivers
Annual Direct Costs	\$30,000
Duration of support	03/2015 - 12/2017
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	2%, Principal Investigator
The major goals of this project are	Adapt Emotion Regulation Therapy for delivery among cancer caregivers, and evaluate the feasibility, acceptability and preliminary effects of the new intervention through an open trials of cancer caregivers.

Award Source	NIH/NCI R21
Project Title	Measurement of Prognostic Understanding in Patients with Advanced Cancer
Annual Direct Costs	\$250,000
Duration of support	09/2015 - 08/2017
Name of Principal Investigator	Barry Rosenfeld, Ph.D.
Your % Effort and Role	17%, Site Principal Investigator
The major goals of this project are	Develop a new measure of prognostic understanding that is more clinically meaningful and comprehensive than existing measures of prognostic awareness.

Award Source	Zickler Family Foundation
Project Title	Zickler Family Foundation Caregiver Program
Annual Direct Costs	\$300,000
Duration of support	4/1/2016 – 3/3/2019
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	10%, Principal Investigator
The major goals of this project are	Develop the MSK Caregiver-to-Caregiver Mentoring Program, modelled after the institution’s success with the Patient-to-Patient program.

Award Source	American Cancer Society PEP-17-192-01-PCSM
Project Title	Improving Palliative Care of Caregivers of Patients with Glioblastoma
Annual Direct Costs	\$100,000
Duration of support	1/2018-6/2021
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	5%, Principal Investigator
The major goals of this project are	Evaluate the feasibility, acceptability and preliminary efficacy of Meaning-Centered Psychotherapy for Cancer Caregivers (MCP-C) in addressing existential distress

	and wellbeing in caregivers of patients with glioblastoma multiforme (GBM).
Award Source	MSK Projects in Patient and Family Centered Care
Project Title	The Impact of Caregiver Distress Screening and Targeted referral Stepped-Care Consultation on MSK Caregiver, Patient and Health-System Outcomes
Annual Direct Costs	\$108,409
Duration of support	10/2018-5/2022
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	8%, Principal Investigator
The major goals of this project are	Evaluate the feasibility, acceptability and efficacy of distress screening and follow-up consultation on caregivers' psychosocial service use and wellbeing.
Award Source	MSK PSRP Development Funds Award
Project Title	Defining Supportive Care Needs of Patients with Erdheim-Chester Disease and their Caregivers
Annual Direct Costs	\$100,000
Duration of support	01/2019-12/2020
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	5%, Principal Investigator
The major goals of this project are	The goal of this project is to describe the unique psychosocial experience of patients with Erdheim-Chester Disease and their caregivers, to develop supportive services targeted toward their specific needs.
Award Source	TJ Martell Foundation
Project Title	Development and Pilot Test of a Novel Communication Training for Caregivers to Promote Advanced Care Planning
Annual Direct Costs	\$49,007
Duration of support	06/2019-05/2021
Name of Principal Investigator	Allison Applebaum, PhD
Your % Effort and Role	8%, Principal Investigator
The major goals of this project are	Develop and pilot test a brief communication skills training workshop to assist caregivers engage in advanced care planning discussions with their loved ones and healthcare professionals.
Award Source	Bluenote Therapeutics
Project Title	Double-blinded, Randomized, Controlled, Adaptive Trial to Compare Effectiveness of Two Digital Software Medical Devices (Attune and Cerena) as interventions for Physical and Emotional Health in Adjunctive Oncology Treatment
Annual Direct Costs	\$82,056

Duration of support	11/2021 – 10/2022
Name of Principal Investigator	Wendy Lichtenthal, Ph.D., Allison Applebaum, Ph.D.
Your % Effort and Role	5%, Principal Investigator (MPI)
The major goals of this project are	To establish the comparative efficacy of two digital therapeutic approaches to addressing distress in patients with cancer.

As Investigator:

Award Source	National Cancer Institute, Institutional Training Grant/T32CA009461
Project Title	Psychosocial & Palliative Community Research in Cancer and Bereavement
Annual Direct Costs	\$2,633,1000
Duration of support	07/2010 - 07/2013
Name of Principal Investigator	Jamie Ostroff, Ph.D
Your % Effort and Role	79%, Postdoctoral Research Fellow
The major goals of this project are	To provide research training and mentoring opportunities for new investigators in Psycho-Oncology.

Award Source	Memorial Sloan Kettering Brain Tumor Center
Project Title	<i>Prognostic Communication in Recurrent Glioblastoma</i>
Annual Direct Costs	\$100,000
Duration of support	07/2014 - 06/2016
Name of Principal Investigator	Eli Diamond, M.D
Your % Effort and Role	5%, Co-Investigator
The major goals of this project are	Evaluate the comparative understanding of prognosis and desire for prognostic information among patients with Glioblastoma Multiforme (GBM) and their caregivers.

Award Source	NIH/NCI SBIR (no grant number)
Project Title	Connected Caregivers Platform (CCP)
Annual Direct Costs	\$34,280
Duration of support	11/2017-10/2019
Name of Principal Investigator	Jody Underwood, Ph.D.
Your % Effort and Role	N/A, Co-Investigator
The major goals of this project are	The goal of the project is to develop a Connected Caregivers Platform (CCP) prototype in Phase-I to support cancer caregivers and connect them with their patients' care teams.

Pending Funding

Award Source	NIH/NCI R01
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Project Title	Patient Online Support to Raise Technology Use Among Limited English Proficient Populations (PORTAL)
Annual Direct Costs	\$4,340,228
Duration of support	9/1/2023 8/31/2028
Name of Principal Investigator	Lisa Diamond, M.D.
Your % Effort and Role	5%, Co-Investigator
The major goals of this project are	To develop and test a bilingual digital navigator who can help Spanish speaking patients and caregivers find information on the patient portal and communicate with their health care teams electronically.

Award Source	NIH/NCI R01
Project Title	Patients and Caregivers in Outpatient and Homebound HSCT: A Dyadic Biobehavioral Approach
Annual Direct Costs	\$2,934,052
Duration of support	12/1/2024-11/30/2029
Name of Principal Investigator	Allison Applebaum, Ph.D.
Your % Effort and Role	15%, MPI
The major goals of this project are	To characterize HSCT patient-caregiver interdependence of biopsychosocial health within the context of an outpatient/homebound model of care.

Award Source	NIH/NCI R25
Project Title	Accelerating Development of Cancer Family Caregiver Support
Annual Direct Costs	\$317,120
Duration of support	7/1/2024 – 6/30/28
Name of Principal Investigator	Allison Applebaum, Ph.D. & J. Nicholas Odom, Ph.D.
Your % Effort and Role	15%, MPI
The major goals of this project are	To test a comprehensive national accelerator program, called INCITE (INcreasing Caregiver support Implementation through Training and Education), to train cancer centers and their staff in identifying, implementing, evaluating, and sustaining evidence-based cancer caregiver programs.

Patents & Inventions

Inventors	Title of Invention	Patent Number
N/A		

N. MENTORING

Leadership and programs in mentoring

Activity	Dates
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Mentor, Psychotherapy Laboratory Department of Psychiatry and Behavioural Sciences, MSK, New York, NY	05/2011 – present
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Institutional Training Grants and Mentored Trainee Grants

Award Source	N/A
Project Title	N/A
Duration of support	N/A
Mentee	N/A

Mentees

Current Mentees

Name	Leah Walsh, M.A.
Site Position	Pre-Doctoral Fellow, MSK
Expected Period	07/2019 – present
Project/Accomplishments	<ul style="list-style-type: none"> - Develop independent research project for doctoral dissertation; contribute to the development of a new measure of prognostic understanding and take the lead on several related manuscripts and presentations on this topic. - Assist with the following protocols: (1) Improving Palliative Care of Caregivers of Patients with Glioblastoma; (2) Identifying and Measuring Prognostic Awareness in Advanced Cancer Patients; and (3) The Impact of Caregiver Distress Screening and Targeted Referral and Consultation on MSK Caregiver, Patient and Health System Outcomes
Goals/expected Outcomes	Develop and execute doctoral dissertation and multiple other research projects through my laboratory; develop expertise in several empirically supported interventions for patients with cancer and their caregivers.
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Amanda Kastrinos, Ph.D.
Site Position	Post-Doctoral Fellow, MSK
Expected Period	07/2021 – 06/2023
Project/Accomplishments	<ul style="list-style-type: none"> -K99/R00 Planned Resubmission: Adapting a communication support intervention for AYA cancer caregivers. (Dr. Applebaum primary mentor) - Using a SMART Design to Optimize PTSD Symptom Management Strategies among Cancer Survivors: (1) Co-create section of the app dedicated

	to caregiver needs; (2) Administer Cancer Distress Coach mobile app coaching sessions to survivors and caregivers; (3) Participate in supervision sessions with study clinicians at MSK and with partners at other sites; (4) Conduct and analyze evaluation interviews with caregivers -Communication Training for Caregivers to Promote Advanced Care Planning: (1) Complete qualitative sub-study of caregiver roleplays, and (2) Work with study team to refine training for dissemination
Goals/expected Outcomes	-Develop independent program of research within caregiving science, including research funded by the NIH -Secure academic job by the end of fellowship
Type of Supervision (Research, clinical, teaching, leadership)	Research

Past Mentees

Name	Emma Stein, Ph.D.
Site/Position	Pre-Doctoral Fellow, MSK
Mentoring Period	01/2013 – 07/2016
Project/Accomplishments	Protocol 11-021 and other projects conducted in the Psychotherapy Laboratory.
Current Position	Private Practice, Atlanta, GA.
Type of Supervision (Research, clinical, teaching, leadership)	Clinical and Research

Name	Allison Marilina, Ph.D.
Site/Position	Pre-Doctoral Fellow, MSK
Mentoring Period	01/2013 – 07/2017
Project/Accomplishments	Multiple projects in the Psychotherapy Laboratory.
Current Position	Assistant Professor, Northwell Health.
Type of Supervision (Research, clinical, teaching, leadership)	Research

Name	Talia Wiesel, Ph.D., M.A.
Site/Position	Pre-Doctoral Fellow, MSK
Mentoring Period	01/2013 – 07/2017
Project/Accomplishments	Multiple projects in the Psychotherapy Laboratory
Current Position	Assistant Professor of Psychology in Clinical Psychiatry at the Icahn School of Medicine at Mount Sinai
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Kailey Roberts, M.A.
Site/Position	Pre-Doctoral Fellow, MSK
Mentoring Period	07/2013 – 07/2017
Project/Accomplishments	Took the lead on several studies focused on addressing the needs of bereaved cancer caregivers; mastered delivery of Meaning-Centered Psychotherapy for Cancer Caregivers.
Current Position	Assistant Professor of Psychology, Yeshiva University; Consultant, Department of Psychiatry and Behavioral Sciences, MSK
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Catherine Scott Finlayson, N.P.
Site/Position	MSK
Mentoring Period	07/2014 – 03/2018
Project/Accomplishments	Completed doctoral dissertation under my mentorship, “The Experience of Being Aware of Disease Status in Women with Recurrent Ovarian Cancer: A Phenomenological Study”
Current Position	APP, MSK
Type of Supervision (Research, clinical, teaching, leadership)	Research

Name	Melissa Duva, Ph.D.
Site/Position	Pre-Doctoral Fellow, MSK
Mentoring Period	09/2014 – 05/2020
Project/Accomplishments	Multiple projects in the Psychotherapy Laboratory; conducted doctoral dissertation under my mentorship, “Prognostic Awareness, Coping, and End-of-Life Distress: A Mediation Analysis”
Current Position	Private practice, New York.
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Aliza Panjwai, Ph.D.
Site/Position	Research and Clinical Extern, Hunter College
Mentoring Period	01/2016 – 06/2019
Project/Accomplishments	Conducted doctoral dissertation under my mentorship, “Intrapersonal and interpersonal factors predicting distress and end-of-life planning among individuals with advanced cancers;” served as study interventionist for Emotion Regulation Therapy for Cancer Caregivers: A Mechanistic Approach to Addressing Distress among Caregivers.
Current Position	Postdoctoral Fellow, The Princess Margaret Hospital
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Suchita Batwara, M.D.
Site/Position	Clinical Fellow, MSK
Mentoring Period	07/2016 – 06/2017
Project/Accomplishments	Provided guidance on MSK Fellows Presentations
Current Position	LifeBridge Health, Baltimore, MD
Type of Supervision (Research, clinical, teaching, leadership)	Research

Name	Kelly Shaffer, Ph.D.
Site/Position	Post-Doctoral Fellow, MSK
Mentoring Period	08/2016 – 07/2018
Project/Accomplishments	Submitted R21 grant focused on addressing depressive symptoms in caregivers using bright white light therapy; assisted with data analysis and write up of multiple projects being conducted in my laboratory; served as study interventionist on Pilot Study of Cognitive Behavioral Therapy for Insomnia (CBT-I) and Acupuncture for Insomnia and Related Distress among Cancer Caregivers, and assisted with the development of the CBT-I for Cancer Caregivers Therapy Manual.
Current Position	Assistant Professor and Director of Training for the Center for Behavioral Health and Technology at the University of Virginia School of Medicine
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Juliet Janowitz, Ph.D.
Site/Position	Predocctoral Extern, Long Island University
Mentoring Period	01/2017 – 12/2019
Project/Accomplishments	Conducted doctoral dissertation under my mentorship, “Exploring the Caregiving Experience in a Homebound Hematopoietic Stem Cell Transplantation”
Current Position	Private Practice, New York
Type of Supervision (Research, clinical, teaching, leadership)	Research

Name	Iris Crespo, Ph.D.
Site/Position	Visiting Fellow University UIC Barcelona - Universitat Internacional de Catalunya
Mentoring Period	11/2017 – 03/2018
Project/Accomplishments	Multiple projects in the Applebaum Laboratory
Current Position	Assistant Professor, UIC Barcelona
Type of Supervision (Research, clinical, teaching, leadership)	Research

Name	Laura Polacek, B.A.
Site Position	Pre-Doctoral Fellow, MSK
Expected Period	06/2018 – 06/2020
Project/Accomplishments	<ul style="list-style-type: none"> - Developed and executed Master’s thesis and generated plans for dissertation study; trained in Meaning-Centered Psychotherapy for Cancer Caregivers and served as study interventionist delivering MCP-C to caregivers of patients with GBM. - Assisted with the following protocols: (1)Improving Palliative Care of Caregivers of Patients with Glioblastoma; (2) Identifying and Measuring Prognostic Awareness in Advanced Cancer Patients; and (3) The Impact of Caregiver Distress Screening and Targeted Referral and Consultation on MSK Caregiver, Patient and Health System Outcomes
Goals/expected Outcomes	Developed independent research skills and solidified trajectory of doctoral studies; developed expertise in several empirically supported interventions for patients with cancer and their caregivers.
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

Name	Zebra Ahmed, M.A.
Site Position	Predocrotal Extern, Hunter College
Expected Period	07/2019 – 06/2020
Project/Accomplishments	Improving Palliative Care of Caregivers of Patients with Glioblastoma (study therapist); Pilot Study of Cognitive Behavioral Therapy for Insomnia (CBT-I) and Acupuncture for Insomnia and Related Distress among Cancer Caregivers (data analysis and write-up)
Goals/expected Outcomes	Complete 10 hours/week of clinical care and develop research skills to prepare for doctoral dissertation
Type of Supervision (Research, clinical, teaching, leadership)	Clinical and Research

Name	Hannah Rose Mitchell, Ph.D.
Site Position	Postdoctoral Fellow, MSK
Expected Period	08/2020 – 07/2022
Project/Accomplishments	<ul style="list-style-type: none"> - PTSD evaluation and treatment for HSCT survivors - and their caregivers; participation in several clinical trials of interventions targeting various elements of patient and caregiver distress. - Assist with the following protocols: (1) The Impact of Caregiver Distress Screening and

	Targeted Referral and Consultation on MSK Caregiver, Patient and Health System Outcomes (write up of interim data for presentation); (2) Randomized Controlled Trial of Emotion Regulation Therapy for Cancer Caregivers: A Mechanism-Targeted Approach to Addressing Caregiver Distress (study interventionist and eventually data analysis and presentation); (3) Using a SMART Design to Optimize PTSD Symptom Management Strategies among Cancer Survivors (study interventionist and eventually data analysis and presentation)
Goals/expected Outcomes	Establish independent program of research and secure faculty appointment
Type of Supervision (Research, clinical, teaching, leadership)	Research and Clinical

O. INSTITUTIONAL LEADERSHIP ACTIVITIES

Role(s)/Position	Institution/Location	Dates
Co-Vice Chair	Department of Psychiatry QA Committee, MSK	10/2014 – 12/2015
Program Lead	Caregiver-to-Caregiver Mentoring Program, MSK	07/2016 – 06/2022

P. INSTITUTIONAL ADMINISTRATIVE ACTIVITIES

Name of Committee	Role	Dates
Psychotherapy Laboratory, MSK	Member	07/2010 – present
Comskil Laboratory Department of Psychiatry and Behavioral Sciences, MSK	Facilitator	07/2010 – 07/2013
Clinical Psychology Internship Program New York Presbyterian Hospital/Weill-Cornell Medical Center	Interviewer	01/2013 01/2014 01/2016 01/2017 01/2018 01/2020 01/2021
Psycho-Oncology Work in Progress Research Series, MSK	Member	08/2013 – 08/2016
Behavioural Research Methods Core, MSK	Member	08/2013 – 08/2017
Department of Psychiatry QA Committee, MSK	Co-Vice Chair	10/2014 – 12/2015
Family Clinic Working Group, MSK	Member	09/2015 – present
Clinical Committee, Department of Psychiatry and Behavioral Sciences, MSK	Member	07/2016 – present
Caregiver-to-Caregiver Mentoring Program, MSK	Program Lead	07/2016 – present
PRO-CEL, MSK	Member	07/2016 – present
AAHRPP Site Visit Committee, MSK	Participant	10/2019

Q. EXTRAMURAL PROFESSIONAL RESPONSIBILITIES

Leadership in Extramural Organizations

Organization	Role	Dates
American Psychological Oncology Society	Founding Chair, Cancer Caregiver Special Interest Group	2014 – 2020
American Psychological Oncology Society	Member, Membership Committee	2014 – 2017
American Psychological Oncology Society	Board Member; Director of Communications	2015 - 2018

Service on Boards and/or Committees

Regional

Name of Committee	Role	Organization Institution/Location	Dates
N/A			

National

Name of Committee	Role	Organization Institution/Location	Dates
Cancer Caregiver Special Interest Group	Founding Chair	American Psychological Oncology Society	2014 – present
Membership Committee	Member	American Psychological Oncology Society	2014 – present
Board	Member and Director of Communications	American Psychological Oncology Society	2015 – 2019
Family Caregiving Workshop Planning Committee	Member	National Academies of Sciences, Engineering and Medicine	2021- 2022

International

Name of Committee	Role	Organization Institution/Location	Dates
Scientific Advisory Board, FAME Trial, France	Scientific Advisory Board Member	Paris, France	2023-2027

Grant Reviewing/Study Sections

Role	Organization Name	Dates
Member, Standing Study Section	American Cancer Society	2020 – present

Editorial Activities

Journal Reviewing/ad hoc reviewing

Journal/Organization Name	Dates
Ad hoc Reviewer, AIDS and Behavior	2004 – 2011
Ad hoc Reviewer, Journal of Clinical and Experimental Neuropsychology	2005 – 2008
Ad hoc Reviewer, Archives of Women’s Mental Health	2005 – 2009
Ad hoc Reviewer, Current HIV Research	2005 – 2012
Ad hoc Reviewer, Palliative and Supportive Care	2010 – 2016
Ad hoc Reviewer, Psycho-Oncology	2010 – 2019
Ad hoc Reviewer, Journal of Palliative Care	2013 – 2018
Ad hoc Reviewer, Journal of Consulting and Clinical Psychology	2013 – present
Ad hoc Reviewer, Annals of Behavioral Medicine	2014 – 2020
Ad hoc Reviewer, Translational Behavioral Medicine	2014 – present
Ad hoc Reviewer, Journal of the American Medical Association	2016 – 2019
Ad hoc Reviewer, Cancer	2016 – 2019
Ad hoc Reviewer, Journal of Clinical Oncology	2020 – present

Editor/Co-Editor

Books/Textbooks/Journals/Organization Name	Dates
Associate Editor, Palliative and Supportive Care	2016 – present
Cancer Caregivers (2019). A. Applebaum (Editor). New York, NY: Oxford University Press	2019

Authored Books	Dates
Stand By Me: A Guide to Navigating Modern, Meaningful Caregiving (Simon Element)	2024

Editorial Board Membership

Board/Organization Name	Dates
Editorial Board Member, Palliative and Supportive Care	2016 – present

R. INVITED AND/OR PEER-SELECTED PRESENTATIONS

Regional

Title	Institution and Location	Dates
Applebaum, A. Depression in the aging HIV population	Presentation at The New York Association for HIV Over 50 (NYAHOF) Spring Seminar, “HIV and Older Adults: The Continuing Stigma,” at the Gay Men’s Health Crisis, New York City, NY.	7/2005
Applebaum, A. Psychiatric illnesses and fibrolamellar carcinoma.	Presentation at the Annual Fibrolamellar Carcinoma Foundation Meeting, Greenwich, CT.	4/2014

<u>Applebaum, A.</u> Psychosocial Care for the Cancer Caregiver: The State of the Science and Future Directions	Presentation for CUNY's Health Psychology and Clinical Science Colloquium, New York, NY.	5/2014
<u>Applebaum, A.</u> Trauma and Cancer: How to prevent, recognize and address PTSD symptoms in patients with cancer and their caregivers	Invited presentation for the public at Gilda's Club, New York, New York.	10/2014
<u>Applebaum, A.</u> Care for the Cancer Caregiver: The State of the Science and Future Directions	Invited Grand Rounds lecture for Richmond University Medical Center, Staten Island, New York.	4/2016
<u>Applebaum, A.</u> Psychosocial Interventions for Cancer Caregivers: State of the Science and Future Directions	Lecture for the Hunter College Graduate Program in Health Psychology, New York, N.Y.	3/2017
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy for Cancer Caregivers: Rationale and Overview	Presentation for CancerCare, New York, N.Y.	4/2017
<u>Applebaum, A.</u> For Caregivers: Care Coordination for Your Loved One Living with Cancer and Other Health Problems	Educational Workshop for CancerCare Connect, New York, N.Y.	6/2017
<u>Applebaum, A.</u> Caring for our Patients' Caregivers	Plenary Session for the Oncology Nursing Society's Upstate New Jersey Annual Conference, Mahwah, New Jersey.	9/2017
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy: Overview, Rationale and Adaptations	Invited workshop for Department of Supportive Oncology, Levine Cancer Institute, Charlotte, N.C.	10/2017
<u>Applebaum, A.</u> Caring for Our Patients' Caregivers.	Invited Grand Rounds for the Department of Medicine, Northwell Health. Staten Island, N.Y.	1/2018
<u>Applebaum, A.</u> Who Gives Care to the Caregivers?	Webinar for the Leukemia and Lymphoma Society, New York, NY.	11/2018
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy: An Intervention to Improve Psychological Well-Being in Patients and Families Facing Cancer	Nixon Lectureship, Norton Cancer Center, Louisville, K.Y.	9/2019
<u>Applebaum, A.</u> Care for the Cancer Caregiver: State of the Science and Future Directions	Invited Grand Rounds, Dana Farber Cancer Institute, Boston, M.A.	4/2020
<u>Applebaum, A.</u> Caring for Caregivers during the COVID-19 Pandemic	Webinar for Bank of America, Corporate Partnership with the American Cancer Society.	4/2020

<u>Applebaum, A.</u> Conducting Psychosocial Oncology Research with Cancer Caregivers	Invited Presentation, Massachusetts General Hospital Psychosocial Oncology CORE Research Group, Boston, M.A.	6/2020
<u>Applebaum, A.</u> Care for the Cancer Caregiver: State of the Science and Future Directions.	Invited Presentation, University of Alabama, Population Sciences and Research Group, Virtual.	1/2022

National

Title	Institution and Location	Dates
Dorfman, D., <u>Applebaum, A.</u> , & Rowell, P. Overcoming impairment: Results of a computerized assessment of reading ability.	Paper presentation at the Gerontological Society of America's 57 th Annual Scientific Meeting, Washington, DC.	11/2004
<u>Applebaum, A.</u>	Influence of depression on neuropsychological performance in aging HIV+ adults. Poster presentation at the American Psychological Association, Division 40, New Orleans, LA.	8/2006
<u>Applebaum, A. & Shippy, A.</u>	Diagnostic dilemma: Depressive symptomatology in aging adults with HIV. Poster presentation at the Gerontological Society of America's 59 th Annual Scientific Meeting, Dallas, TX.	11/2006
<u>Applebaum, A.</u> , Shippy, A., & Cantor, M. Will the social networks of Aging adults with HIV provide adequate support?	Paper presentation at the Gerontological Society of America's 59 th Annual Scientific Meeting, Dallas, TX.	11/2006
Levin, T., & <u>Applebaum, A.</u> How to use cognitive therapy to help people with cancer	Workshop presented at the American Institute of Cognitive Therapy, New York, NY.	1/2012
<u>Applebaum, A.</u> , Kolva, E., Kulikowski, J., Jacobs, J., Rosenfeld, B., & Breitbart, W. Optimism, social support, and mental health outcomes in patients with advanced cancer.	Poster presentation at the 9th Annual Conference of the American Psychosocial Oncology Society, Miami, FL.	2/2012
<u>Applebaum, A.</u> , Kolva, E., Kulikowski, J., Jacobs, J., Rosenfeld, B., & Breitbart, W. Conceptualizing prognostic awareness in advanced cancer: A systematic review.	Poster presentation at the 9th Annual Conference of the American Psychosocial Oncology Society, Miami, FL.	2/2012
<u>Breitbart, W.</u> , & <u>Applebaum, A.</u> Meaning-Centered Psychotherapy in Cancer	Workshop presented at the 10th Annual Conference of the American Psychosocial Oncology Society, Anaheim, CA.	2/2013

Levin, T., & Applebaum, A. How to Use Cognitive Therapy to Help People with Cancer	Workshop presented at the 10th Annual Conference of the American Psychosocial Oncology Society, Anaheim, CA.	2/2013
Applebaum, A. The assessment of prognostic awareness in advanced cancer patients: The state of the science and future directions.	Symposium presented at the 34 th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.	3/2013
Applebaum, A. (2/2014). Chair, <i>Symposium on Patients and Caregivers</i>	11 th Annual Conference of the American Psychosocial Oncology Society, Tampa, FL	2/2014
Breitbart, W., & Applebaum, A. Meaning-Centered Psychotherapy in Cancer	Workshop presented at the 11 th Annual Conference of the American Psychosocial Oncology Society, Tampa, FL.	2/2014
Levin, T., & Applebaum, A. Acute Cancer-Related Cognitive Therapy	Workshop presented at the 11 th Annual Conference of the American Psychosocial Oncology Society, Tampa, FL.	2/2014
Applebaum, A. Psychosocial Care for the Cancer Caregiver: The State of the Science and Future Directions.	Presentation given as part of pre-conference workshop, "Palliative and End of Life Care: Research and Clinical Perspectives" at the Society of Behavioral Medicine 35 th Annual Meeting, Philadelphia, PA.	4/2014
Applebaum, A. Caring for the caregiver: New directions in the field of survivorship research	Invited presentation at the American Cancer Society's 77 th Biennial Cancer Survivorship Research Conference, Atlanta, GA.	6/2014
Applebaum, A. & Bevans, M. Care of the Cancer Caregiver: Access, Options and Future Directions	Webinar workshop presented to the American Psychosocial Oncology Society Community, United States.	12/2014
Applebaum, A. Care for the Cancer Caregiver	National webinar presented for the Bladder Cancer Advocacy Network, United States.	3/2015
Breitbart, W., & Applebaum, A. Meaning Centered Psychotherapy for Cancer Patients	Workshop presented at the IPOS/APOS World Congress of Psycho-Oncology, Washington, D.C.	7/2015
Applebaum, A. The Program for the Study of Cancer Caregiving: A Model of Care for Supporting the Needs of Caregivers.	Symposium presentation at the 13 th Annual Conference of the American Psychosocial Oncology Society, San Diego, CA.	3/2016
Applebaum, A. Taking on the Role of Caregiving	Presentation for the CancerCare Connect Education Workshop, Coping with the Stress of Caregiving When Your loved One Has Polycythemia Vera. International Teleconference.	4/2016
Applebaum, A. Meaning-Centered Psychotherapy for Cancer Caregivers	Invited workshop at the 2017 Caring for the Human Spirit Conference, Chicago, IL.	3/2017

<u>Applebaum, A.</u> Emotion Regulation Therapy to Address Distress among Cancer Caregivers	Invited presentation for the T.J. Martell Annual Scientific Meeting, Nashville, TN.	1/2018
<u>Applebaum, A.</u> Emerging Models and Methods of Implementing Psychosocial Care for Cancer Caregivers.	Symposium presented at the 15 th Annual Conference of the American Psychosocial Oncology Society, Tucson, AZ.	2/2018
<u>Applebaum, A.</u> Collaboratively Caring for Caregivers.	Symposium presented at the 15 th Annual Conference of the American Psychosocial Oncology Society, Tucson, AZ.	2/2018
<u>Applebaum, A.</u> , Buda, K., Masterson, M., Reisch, S., & Rosenfeld, B. Identifying and measuring prognostic understanding in advanced cancer patients.	Poster presented at the 15 th Annual Conference of the American Psychosocial Oncology Society, Tucson, AZ.	2/2018
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy for Cancer Caregivers.	Symposium presentation at the 39 th Annual Meeting of the Society for Behavioral Medicine, New Orleans, LA.	4/2018
<u>Applebaum, A.J.</u> , Buda, K., Hoyt, M., & Garland, S., & Mao, J. Developing Caregiver Focused Non-Pharmacological Interventions for Insomnia.	Brief Oral Presentation at the 17th Annual American Psychosocial Oncology Conference, Portland, Oregon.	3/2020
<u>Applebaum, A.J.</u> , Cannady, R., Diamond, E., & Breitbart, W. Meaning-Centered Psychotherapy for Cancer Caregivers: A Novel Approach to Enhancing Meaning, Purpose and Quality of Life among Cancer Caregivers.	Oral Presentation for Symposium “Expanding Human-Centered Cancer Care to Caregivers: Understanding and Promoting Cancer Caregiver Resilience” at the 17th Annual American Psychosocial Oncology Conference, Portland, Oregon.	3/2020
<u>Applebaum, A.J.</u> & Levin, T. (3/2020). Acute Cancer Cognitive Therapy Training Program: A Novel Approach to Providing High Quality Psychosocial Oncology Training.	Oral presentation for symposium, “Reaching and Teaching: Innovative Approaches for Teaching Psychosocial Oncology across the Career Span” at the 17th Annual American Psychosocial Oncology Conference, Portland, Oregon.	3/2020
<u>Applebaum, A.J.</u> , Diamond, E.L., & Breitbart, W. Addressing the Needs of Caregivers of Patients with Malignant Brain Tumors.	Oral presentation for symposium “Psychosocial Care for Patients with Brain Tumors” at the 17th Annual American Psychosocial Oncology Conference, Portland, Oregon.	3/2020
<u>Applebaum, A.J.</u> Through the Caregivers’ Eyes: The Creation of Caregiver-Centric Supportive Care Interventions.	Discussant for symposium at the 17th Annual American Psychosocial Oncology Conference, Portland, Oregon.	3/2020

<u>Applebaum, A.J.</u> , Cannady, R.S., Franco, T., Lichtenfeld, J.L., & Wiatrek, D.	American Cancer Society COVID-19 and Cancer ECHO for Cancer Caregivers Webinar Series, National Comprehensive Cancer Network.	4/2020-5/2020
<u>Applebaum, A.</u> The Experience of Caregivers during COVID	Invited Presentation, World Hospice and Palliative Care Day Virtual Event.	10/2020
<u>Applebaum, A.J.</u> Coping in the Era of COVID: Lessons Learned and Adapted.	Symposium presentation for the 42 nd Annual Meeting and Scientific Sessions, Society of Behavioral Medicine, Virtual Conference.	4/2021
<u>Applebaum, A.J.</u> , & Dionne-Odom, N.J. Future Directions for Research with Family Caregivers	Workshop presented at the 2022 National Palliative Care Research Center Annual Kathy Foley Retreat, San Diego, CA.	10/2022
<u>Applebaum, A.J.</u>	“Psychosocial Care for Caregivers: State of the Science and Future Directions.” Presentation for the 2023 Veterans Affairs Caregiver Support Program Virtual Conference	05/2023
<u>Applebaum, A.J.</u>	“Addressing the Needs of Family Caregivers.” Presentation for the C-TAC-CAPC Leadership Summit: Transforming Care for People with Serious Illness, Washington, D.C.	10/2023
<u>Applebaum, A.J.</u>	“Opportunities to Support Cancer Caregivers along the Caregiving Continuum.” Presentation for the National Alliance for Caregiving Caregiver Nation Summit, Washington, D.C.	10/2023
<u>Applebaum, A.J.</u>	“Caring for You, our Patients’ Caregivers: The MVPs of the Treatment Team” National Webinar hosted by Beigene	11/2023
<u>Applebaum, A.J.</u>	“Systems-Level Changes Needed to Improve the Experience of Caregivers of Transplant Patients.” Webinar presented by the National Alliance for Caregiving.	11/2023
<u>Applebaum, A.J.</u>	“Addressing the Mental Health Needs of Family Caregivers.” Keynote (virtual) address given to the University of Utah Family Caregiving Mental Health Forum 2023	12/2023
<u>Applebaum, A.J.</u>	“The Caregivers Clinic at MSK: An Exemplar Care Model for Family Caregivers.” APOS Webinar on Program Development	12/2023

International

Title	Institution and Location	Dates
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<u>Applebaum, A.</u> , Reilly, L., Gonzalez, J., Richardson, M., Leveroni, C. & Safren, S. The impact of neuropsychological functioning on adherence to HAART in HIV-infected substance abuse patients.	Paper presentation at the 3 rd International Conference on HIV Treatment Adherence, Jersey City, NJ.	3/2008
<u>Applebaum, A.</u> Caregiving for cancer patients: Finding meaning in the experience of giving care.	Paper presented at the 13th World Congress of Psycho Oncology, Antalya, Turkey.	10/2011
Lichtenthal, W., <u>Applebaum, A.</u> , & Breitbart, W. Using mixed methods data to adapt Meaning-Centered Psychotherapy for bereaved parents.	Paper presented at the 13th World Congress of Psycho-Oncology, Antalya, Turkey.	10/2011
Breitbart, W., & <u>Applebaum, A.</u> Meaning-Centered Psychotherapy in Cancer	Workshop presented at the 15th World Congress of Psycho-Oncology and Psychosocial Academy, Rotterdam, the Netherlands.	11/2013
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy: Background, Application and Adaptations	Invited lecture for the 2 nd International Workshop on End of Life Care, Barcelona, Spain	11/2014
<u>Applebaum, A.</u> Despair at End of Life	Invited presentation for the 2 nd International Workshop on End of Life Care, Barcelona, Spain.	11/2014
<u>Applebaum, A.</u> Reaction of the family in the face of the wish to hastened death	Invited presentation for the 3 rd International Workshop on End of Life Care, Barcelona, Spain.	11/2015
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy: Experiences and Perspectives	Invited presentation for the 3 rd International Workshop on End of Life Care, Barcelona, Spain.	11/2015
<u>Applebaum, A.</u> Psychosocial Care for the Caregiver: Integrating Caregivers into Palliative Care	Invited presentation for the 3 rd Congress, Palliative Care in Different Culture, Tel Aviv, Israel.	3/2016
<u>Applebaum, A.</u> Meaning-Centered Psychotherapy: Background, Application and Adaptations	Invited workshop at Sheba Medical Center, Tel Aviv, Israel.	3/2016
<u>Applebaum, A.J.</u> Care for the Cancer Caregiver: State of the Science and Future Directions	Keynote Address and the Psychosocial Oncology Society of New Zealand (PONZ) Annual Meeting, Auckland, New Zealand.	2/2020
<u>Applebaum, A.J.</u> Meaning-Centered Psychotherapy: Advanced Skills and Adaptations	Workshop presented for the Psychosocial Oncology Society of New Zealand (PONZ) Annual Meeting, Auckland, New Zealand.	2/2020
<u>Applebaum, A.J.</u> Meaning-Centered Psychotherapy: An Intervention to Improve	Workshop presented for the Psychosocial Oncology Society of New Zealand (PONZ) Annual Meeting, Auckland, New Zealand.	2/2020

Psychological Well-being in Patients and Families Facing Cancer		
Applebaum, A.J. Care for Caregivers of Patients Receiving Palliative Care	Invited presentation for the 8 th International WeCare Workshop, Barcelona, Spain (hosted virtually).	11/2020
Applebaum, A.J. Meaning-Centered Psychotherapy: Existential Distress and Rationale	Open Medical Institute, Seminar in Palliative Care and Neuro-Oncology, Salzburg, Austria.	4/2022
Applebaum, A.J. Meaning-Centered Psychotherapy: Overview of Approach	Open Medical Institute, Seminar in Palliative Care and Neuro-Oncology, Salzburg, Austria.	4/2022
Applebaum, A.J. Caregiver communication and advanced care planning	Open Medical Institute, Seminar in Palliative Care and Neuro-Oncology, Salzburg, Austria.	4/2022
Applebaum, A.J. Caregiver concerns in neuro-oncology	Open Medical Institute, Seminar in Palliative Care and Neuro-Oncology, Salzburg, Austria.	4/2022
Applebaum, A.J. Moral distress in clinical practice	Open Medical Institute, Seminar in Palliative Care and Neuro-Oncology, Salzburg, Austria.	4/2022
Applebaum, A.J. Mental Health Care for Cancer Caregivers in the United States: State of the Science and Future Directions	Carers New South Wales, Australia (virtual)	10/2022
Applebaum, A.J. Care for the Family Caregiver	Non-Oncology Palliative Care Master Class, Romania (virtual)	05/2023

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1. **Peer-reviewed Research Articles**

1. **Applebaum, A.J.**, Reilly, L.C., Gonzalez, J.S., Richardson, M.A., Leveroni, C.L., & Safren, S.A. (2009). The impact of neuropsychological functioning on adherence to HAART in HIV-infected substance abuse patients. *AIDS Patient Care and STDs*, 23, 455 – 466. PMID: 19519229 DOI: 10.1089/apc.2008.0181
<https://pubmed.ncbi.nlm.nih.gov/19519229/>
2. **Applebaum, A.J.**, Richardson, M.A., Brady, S.M., Brief, D.J., & Keane, T.M. (2009). Gender and other psychosocial factors as predictors of adherence to highly active antiretroviral therapy (HAART) in adults with comorbid HIV/AIDS, psychiatric and substance-related disorder. *AIDS and Behavior*, 13, 60 – 65. PMID: 18690532 DOI: 10.1007/s10461-008-9441-x
<https://pubmed.ncbi.nlm.nih.gov/18690532/>
3. **Applebaum, A.J.**, Bullis, J.R., Traeger, L.N., O’Cleirigh, C., Otto, M.W., Pollack, M.H., & Safren, S.A. (2010). Rates of mood and anxiety disorders and contributors to continued

heroin use in methadone maintenance patients: A comparison by HIV status. *HIV Neurobehavioral Medicine*, 2, 49 – 57. PMID: 24062619 DOI: 10.2147/NBHIV.S12371 <https://pubmed.ncbi.nlm.nih.gov/24062619/>

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9. **Applebaum, A.J.**, & Breitbart, W. (2013). Care for the Cancer Caregiver: A systematic review. *Palliative and Supportive Care*, 11(3), 231 – 252. PMID: 23046977 DOI: 10.1017/S1478951512000594 <https://pubmed.ncbi.nlm.nih.gov/23046977/>
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2. Reviews and Editorials

Book Reviews

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Editorials

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